# PLANT SPIRIT MEDICINE CONTINUING EDUCATION CREDITS

CEU requirements are set at **thirty two hours per renewal period (2 years)** and are a requirement for good standing as a professional member of the PSMA and as a Lay Spiritual Healer in the TSFH.

- Unless otherwise stated, an hour of credit time equals an hour of actual time spent at a particular activity\*.
- Every **two** years, a professional member will be assessed if he or she completed 32 hours of CEU's as well as their current membership is in good standing with the PSMA and TSFH.
- The TSFH reserves the right to ensure that credits listed by healers have actually been completed.\*\*
  - \* For example, a four hour clinical would equal four hours of credit.
  - \*\* Proof there of: signed name in log, photocopy of certificate or receipt, or signed statement by instructor.

### Category A: Core subject clinicals, classes and clinical supervision:

Under this category, one hour of credit is given per hour of activity with a <u>minimum</u> of sixteen hours per two year renewal period, excluding meals and breaks:

- a) PSM graduate courses and training.
  - 1) PSM Advanced Class.
  - 2) PSM sponsored clinicals taught by BDC-PSM faculty.
- b) Post-graduate apprenticeships/training with BDC-PSM approved Clinical Consultants.
  - 1) One-on-one work with a member of the BDC-PSM faculty.
  - 2) One-on-one clinical consultation visits with a BDC-PSM certified clinical consultant in your practice or their practice.
  - 3) Clinical Consultation by phone with a BDC-PSM certified clinical consultant (phone CEU credit hours are limited to 10 hours per renewal period)
  - 4) One-on-one work with member of BDC-PSM Faculty to go over plant studies and/or plant teachings (Limited to 10 hours per renewal period)
- c) Attending a current PSM Healer Training Course clinical class.
- d) Clinical Consultant training.
- e) In class courses in technical competence such as pulse taking, CSOE, 5 Element Chinese Theory from BDC-PSM approved schools/instructors.
- f) Other in class or distance learning courses recognized by the BDC-PSM such as courses on plant identification and field studies.

# **Category B: Other Courses and conferences:**

Under this category, one hour of credit is given per hour of activity with a maximum of twenty hours per two year renewal period, excluding meals and breaks:

- 1) PSMA Conference with Town Hall Meeting (max. 20 hours every 2 years)
- 2) The Enemies of Learning Course with Dan Sprinkles (one time CEU option; may be approved for more than one time upon application)
- 3) Dancing with Emotions or other approved workshops/classes designed to promote emotional fluidity (i.e. how to work with fear or have fluidity with other emotions causing blocks to practice). (20 hours every 2 years)
- 4) Other approved Conferences related to PSM healing (10 hours every 2 years)

# Category C: Adjunct classes, primary research, developing courses and publishing:

Under this category, one hour of credit is given per hour of activity up to a maximum of ten hours per renewal period (exceptions may be given upon application), excluding meals and breaks (or as noted below):

- a) Practice building course, course in public speaking (available at any time after graduation. 1 time credit of up to 10 CEU hours)
- b) BDC-PSM approved small business courses, medicine, anatomy/physiology, pathology, etc. (available after 5 years of practice. 1 time CEU credit of up to 10 hours)
- c) BDC-PSM approved documented research projects in PSM. (Available after 5 years of practice. 1 time CEU credit of up to 10 hours)
- d) BDC-PSM approved research that culminates in a published manuscript or written work related to PSM. (Available after 5 years of practice. 1 time CEU credit of up to 10 hours)
- e) BDC-PSM approved research that culminates in developing course work or teaching materials related to PSM for courses approved by the PSM-BDC. (Available after 5 years of practice. 1 time CEU credit of up to 10 hours)

# Category D: Teaching, mentoring

Under this category, 0.5 hours of credit is given per hour of activity up to a maximum of ten hours per renewal period (2 years) (or as noted below):

- a) Teaching classes in Plant Spirit Medicine as authorized by the BDC-PSM.
- b) Giving a talk on Plant Spirit Medicine.
- c) Writing a published article on Plant Spirit Medicine (1 time CEU credit of 5 hours)
- d) Writing for the PSMA Bulletin (1 time CEU credit of 3 hours)
- e) Supervising clinic/mentoring as authorized by the BDC-PSM.

#### **Category E:**

Under this category, 0.5 hours of credit is given per hour of activity up to a maximum of five hours per renewal period:

a) Attendance at PSMA board, committee meetings, or organizing the PSMA Conference.

#### **Category F:**

Applications for CEUs credits for any courses and/or activities not specified above or CEU credits beyond the maximum specified can be made to the BDC-PSM administration by completing the *PSM Alternative CEU Form*.

#### **Seasoned Healers:**

When a healer has maintained a robust PSM practice for 10 years, she/he can apply to the BDC-PSM administration for an examination of their effectiveness with clinical skills. After satisfactory completion of this in-person examination, the CEU requirements for the applicant may be altered at the discretion of the BDC-PSM.