

BLUE DEER PLANT SPIRIT MEDICINE (PSM) PROGRAM

CONTINUING EDUCATION POLICY

February 17, 2020

Purpose:

The purpose of this document is to outline the Continuing Education Unit (CEU) requirements for Lay Spiritual Healers to remain in good standing with the Temple of Sacred Fire Healing. The types of CEU requirements—clinical and non-clinical—serve different purposes. Clinical CEU requirements deepen and expand the capacity of the healer to work with the plants, assess clients' needs, and offer the medicine in an accurate and caring manner. Through direct review of clinical skills and situations and review of materials learned in the course the healer is reminded of the technical approach. Further, by learning with a variety of experienced healers and surrounded by other healers, one gains a deeper and broader perspective of the medicine. This regular and ongoing interaction with other healers, mentors and learning opportunities helps support each healer and the foundation for Plant Spirit Medicine as a whole.

Non-clinical CEUs are earned through deepening one's experience of Plant Spirit Medicine or other related topics through other means than direct clinical experience or technical teaching, contributing to products that support the medicine and also by raising awareness around our connection as humans to nature, especially through plants. An important category of non-clinical CEUs is any program offered by the healers themselves. By designing, marketing and conducting a workshop, a talk, or other type of program, the healer deepens their knowledge of the topic, opens the possibility of deeper connection with the medicine for others and raises awareness around Plant Spirit Medicine and the PSM programs at the Blue Deer.

Requirements:

Lay Spiritual Healers are required to obtain **thirty-two hours per renewal period**

(3 years) to maintain their LSH status with the Temple of Sacred Fire Healing.¹ Two types of CEUs will be required over the 3-year period—clinical and non-clinical. **A minimum of sixteen hours are required for *clinical* CEUs.** If a healer obtains more than 16 clinical CEUs, they may be applied to the non-clinical CEU category. As noted below, the clinical CEU policy is designed to ensure that LSHs attend at least one face-to-face clinical gathering every three years.²

Lay Spiritual Healers are defined as those who have:

- graduated from the PSM Training Course and successfully completed the clinical supervision/consulting period of training, or
- graduated from the PSM Healer Training Course and successfully completed the ‘grandfathering’ process, and
- made an annual contribution to the Temple of Sacred Fire Healing, and
- paid annual membership dues to the Plant Spirit Medicine Association.

Keeping Track:

The Blue Deer PSM Program will record the CEUs obtained through its direct programs, those of its Certified Clinical Consultants or the PSMA. The healer will be expected to keep track of CEUs they obtain from programs offered by others or from their own offerings of programs if deemed acceptable for CEUs by the Blue Deer PSM program. To determine if a program a healer takes or offers qualifies for CEUs, they must provide the information on one of two Alternative CEU Application Forms attached to this document: 1) an application for non-clinical CEUs for healer offerings, and 2) an application for clinical or non-clinical CEUs from other organization’s offerings. These forms, or a request for those approved to be tracked by the Blue Deer, should be sent to PSM_administration.org.

The Blue Deer will contact LSHs at the point in time when re-designation is needed, and indicate the number of CEUs (clinical and non-clinical) on record. If additional CEUs are needed to meet the minimum requirement, healers can use the forms described above to request credit for additional CEUs. The Blue Deer PSM Program reserves the right to ensure that credits listed by healers have actually been

¹ If someone goes beyond those requirements and the additional CEUs are earned within four months before the next 3-year period begins, those over the 32 may be counted towards the requirements in the next 3-year cycle.

² Transition from old -2-year policy to new policy. Those who renewed their status in August 2019, will be up for renewal in August 2022. Those who are due to renew their status in 2020 will have an additional year to August 2021.

completed. If proof of completion is required, it could be: signed name in log, photocopy of certificate or receipt, or signed statement by instructor.

List of Clinical and Non-Clinical Offerings That Qualify For CEUs:

The list below includes offerings that the Blue Deer PSM program has determined achieve one or more of the goals outlined above. We also include guidelines and categories for other offerings if PSM healers have proposals for other programs that they either want to give or take to meet to obtain CEUs.

Clinical Category Offerings include:

- **Clinical Gatherings**
 - Qualify for 16 CEUs and takes place over 2 days,
 - One or more PSM faculty member or Clinical Consultant on-site

Typically held in specific regions, PSM is done with several clients and the clinical faculty facilitates discussion around the status and progress of the client. Often the clients are already working with one of those attending. They are designed to help deepen the skills of the practitioners and to provide an opportunity for questions and concerns to be raised.

Client-focused clinicals provide an opportunity for a deepening of skills in areas, such as: emotion testing; observing color, sound, odor, emotion (CSOE) for determining the causative factor; following charted treatments; reading pulse pictures; or reviewing diagnosis, treatments and other clinical protocols. Concerns related to practice management may also be raised. Clinical gatherings also offer healers the option of presenting new or ongoing clients for evaluation including treatment for the client.

In addition to the technical benefits, clinical gatherings provide an opportunity to ensure that healers touch base with other healers to continue building relationship with each other and the work.

- **Advanced Class or clinical programs offered at the PSMA conference –**
The advanced class is typically offered around the time of the PSMA conference for convenience of the healers. They are opportunities for healers to ask questions, raise concerns, and practice specific skills. They do not always include a client. A PSM faculty member or Certified Clinical

Consultant will conduct the class. CEUs are awarded based on the length of the sessions, but would provide at least 16 CEUs. The PSMA, through its conference, may also offer programs that will allow the healer to receive 16 clinical CEUs.

Other clinical offerings

Any of these other clinical offerings will provide one clinical CEU per hour of participation up to 8 over the 3-year renewal period. This limit is intended to encourage healers to attend at least one face-to-face clinical or PSMA conference that offers clinical CEUs every 3 years.³ If a healer wishes to receive CEUs for something listed below that is not offered by the Blue Deer, a Certified Clinical Consultant, or the PSMA they would need to fill out the appropriate Application for Alternative CEU form and send an email to Psm_administration@bluedeer.org.

- Clinical consultation with a Blue Deer PSM Certified Clinical Consultant. These arrangements are made directly with a Certified Clinical Consultant or PSM Faculty member. The healer works one on one, either in person, or on the phone, to seek guidance on their practice and patients. CEUs are awarded based on the number of hours of consultation.⁴ Clinical consultants may also offer assistance through group calls. Contact them directly to schedule sessions and ask about fees. At this time the Blue Deer has five Certified Clinical Consultants:
 - Clare Pearson clare@clarepearson.net,
 - Donna Guillemain donnaguillemain@icloud.com,
 - Pip Waller pipsie108@gmail.com,
 - Lucy Wells lucywells@myphone.coop and
 - Anna Murray Preece annamurraypreece@gmail.com
- Consultations with PSM faculty/Certified Clinical Consultant regarding plant studies/journeys.

³ If this constitutes a hardship, a waiver from the requirement may be feasible by contacting the Director of PSM at Blue Deer.

⁴ Clinical consulting for some period of time after graduation is considered part of the training course and will not provide CEUs. This offering is for those who are already certified as Lay spiritual healers.

- Attendance at a PSM Healer Training Class.
- Courses in technical competence such as pulse taking, CSOE, or 5 Element Chinese Theory.

Non-Clinical and other Offerings

- Teaching, raising awareness. The Blue Deer and the PSMA is encouraging healers to offer programs—on-line or in-person—to help raise awareness about the important role that nature and plants have in the lives of humans. Therefore, we encourage healers to offer programs that raise consciousness around connection between humans and plants. Under this category, (four hours of non-clinical CEU credit per program or article)⁵
 - Giving a talk on Plant Spirit Medicine
 - Giving a Plant Journey Workshop
 - Giving a program that raises awareness around the human connection with nature
 - Writing a published article on Plant Spirit Medicine
 - Writing for the PSMA Newsletter
- Dancing with Emotions or other workshops/classes designed to promote emotional fluidity (i.e. how to work with fear or have fluidity with other emotions causing blocks to practice). (up to 8 hours clinical CEUs or 16 non-clinical every 3 years)
- Conferences related to any aspect of PSM healing (8 hours, potentially either clinical or non-clinical, every 3 years, with no limit for the PSMA conference)
- Practice building, marketing, website strategy, small business mgmt., public speaking courses (available at any time after graduation. (up to 8 non-clinical CEU hours per 3 year period)
- Other courses, such as:
 - anatomy/physiology, pathology courses etc. (1 time non-clinical CEU credit of up to 8 hours)
 - herbal medicine, homeopathy, flower essences, (1 time non-clinical CEU credit, after 3 years of practice, up to 8 hours)⁶
- Research projects in PSM, including research that results in a published manuscript or written work related to PSM, or in developing course work or teaching materials related to PSM for courses approved by the Blue Deer

⁵ Pre-approval for these programs to qualify for CEUs is not required, however, to obtain CEUs, the alternative CEU application will need to be filled out, either before or after the program. Over time we hope this will enable the Blue Deer to create a list of pre-approved programs for healers to offer and to take.

⁶ The need to wait three years is to ensure the healer is sufficiently grounded in the practice of Plant Spirit Medicine before learning about other types of plant medicine.

PSM program. (Available after 5 years of practice. Need approval from the Blue Deer to obtain CEU credits. 1 time non-clinical CEU credit of up to 8 hours)

- PSMA Support. Attendance at PSMA board, committee meetings, or organizing the PSMA Conference. (0.5 hours of non-clinical credit is given per hour of activity, up to 5 per renewal period)

Seasoned Healers

When a healer has maintained a robust PSM practice for 10 years, she/he can apply to the Blue Deer PSM program for an examination of their effectiveness with clinical skills. After an assessment, the CEU requirements for the applicant may be altered, reduced or eliminated at the discretion of the program.

**Plant Spirit Medicine
Alternative non-clinical CEU Request—Healer
Offering**

submit proposal to: psm_administration@bluedeer.org

Applicant Name:

Email Address:

Phone:

Mail Address:

Please address the following in your proposal. Feel free to type or write on a separate document.

Program /Course title:

Describe the program and the objectives of the program, where you held it, what participants gained, and how it helped you in your practice or how it built awareness around plant connection and magic and/or plant spirit medicine.

Describe how the program/course will support you with your practice of plant spirit medicine and/or bringing the medicine into the world.

Please specify the number and type of CEU hours requested:

The PSM-BDC Administration will act on your request within 30 days of receipt. Should more information be needed, you will be notified via email.

Date proposal received _____ initials _____ Revised 8/2019

Plant Spirit Medicine
Alternative clinical or non-clinical CEU Request—
Other Organization Offering

submit proposal to: psm_administration@bluedeer.org

Applicant Name:

Email Address:

Phone:

Mailing Address

Please review submission guidelines prior to completing your proposal.
Feel free to write or type on a separate sheet of paper if needed.

Program /Course title and description:

Presenter qualifications/ School or sponsoring organization:

Describe how the program/course will support you with your practice of plant spirit medicine and/or bringing the medicine into the world.

Please specify the number of CEU hours requested:

The PSM-BDC Administration will act on your request within 30 days of receipt. Should more information be needed, you will be notified via email.

Submission Guidelines

Your request for alternative CEU hours from the PSM Administration should provide the reviewers with specific information about your need to deepen your skill, understanding, comfort with, and knowledge of Plant Spirit Medicine as a healing practice.

The **program or course of study** for which you wish to receive CEU hours should be sponsored by an association, school or group with qualifications to hold the program or course; and likewise, by a presenter who is qualified to teach or facilitate the program. Please include this information in your request. A course or program outline, learning objectives, course/program description and hours of participation will provide necessary details for review.

Presenter qualifications should be included. So, for example if you request to take a program or workshop that is not associated with an educational institution, presenter qualifications will help the reviewers to understand how the program will be taught or facilitated, in addition to understanding the training of the presenter. Courses offered in a formal education setting will generally have a faculty listing which can provide that information for you.

Supporting your practice: How will your participation in the program or course support you in your practice of PSM, or in bringing the medicine into the world? Please share specific areas in which the program will provide new skill or knowledge, deepen or enhance your understanding; or support your development in a particular area where you feel challenged. Please speak freely about the area of growth you wish to support, as well as how the proposed program can support this need.

CEUs hours: Please request a specific number of hours of CEUs you would like to receive from the PSM Administration for completing the proposed course.

Questions?

If you have questions as you are exploring the opportunity to request alternative CEU hours you may contact PSM Administration at psm_administration@bluedeer.org .